



Intervention Logic II

Health and Nutrition:



Health is the single greatest catalyst that drives the Ultra Poor into the vicious cycle of extreme poverty.



For the Ultra Poor Program, health constitutes a critical intervention both in terms of health messaging and also providing referral services linking them to Health Service Providers. Health interventions are spread across the following activities

Health Messaging Through House and Center Visits

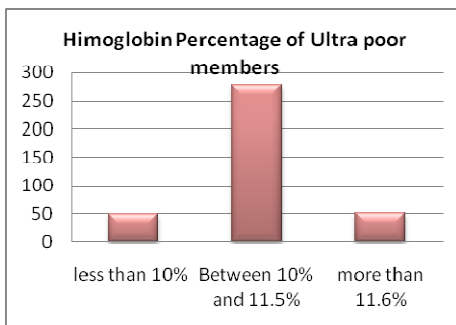
Dedicated Health Field Assistants make center and house visits and constantly provide information on; primary health care, nutrition, AIDS and chronic ailments like TB, malaria and leprosy. In addition members are informed about herbal medicinal and nutritive plants available in their villages and are educated about their therapeutic and curative properties. Community targeted and tailored resource material is developed to make the messaging efficient.

Information Sessions

Health Field Assistants use Centre Meetings as areas for health education . The topics cover the spectrum of health needs applicable to each community, which have been identified through base line studies, health and nutrition mappings. A Health Field Assistant is equipped with community friendly resource material and live specimens. The material also includes information on clean habits cultivation like washing hands before eating, clean environs and clean drinking water. It also covers child health care and gender specific health issues. Since the majority of Ultra Poor members are destitute and single, there is a higher risk of them coming into contact with sexually transmitted diseases, which requires the program to include counseling on preventive measures to stop S.T.D.'s . The Health Field Assistant is equipped with a Health Kit containing common drugs and resource material.

Health Awareness Campaigns

SKS also developed its own team to give health messages through magic shows and film shows in targeted villages. As apart of the nutritional awareness campaign focused on healthy and low cost food recipes and nutritive food preparation.



SKS mapped the anemic status of the all ultra poor members before starting distributing Iron and folic acid supplements, and found that most of the members are anemic.

Eye screening camp were conducted in association of lions club. All the Ultra poor members were screened for cataract and sight problems. 85 members got glasses and 6 members got cataract operation.



Health Linkages :

SKS forming strong linkages with LEPRA India, TB Alert, government hospitals and other voluntary organizations who are focused on providing local health care services. Health screening camps are held where blood grouping, hemoglobin testing, random blood sugar testing and eye camps were conducted for all the Ultra Poor members.

Touch Point Doctors:

Designate Retainer Doctors help the members in certain chronic cases and gender related health problems. They also give regular trainings to the field assistants on seasonal health problems and preventive care for diseases, and can suggest herbal remedies available within the villages to cure small health problems.

Para Professional Services:

100 Barefoot Scouts, called Arogya Karya Kartas, are being trained to take forward the theme of Health Interventions amongst Ultra Poor members. Selected from the quickest climbers within the Ultra Poor program they are given hands on training and oriented on their roles and responsibilities. It is a paid service concept from the beginning, with 20 members who will be selected to become front line Para Professionals assigned with greater responsibilities. Each scout will be provided with a health kit that contains both allopathic and herbal based drugs for the preventive and curative care also for the first aid treatment for the common ailments.